

# Carbapenem-resistant *Pseudomonas aeruginosa* Information for Horse Owners



## What is carbapenem-resistant *Pseudomonas aeruginosa* (CRPA)?

- Carbapenems are antibiotics that are reserved for resistant infections.
- CRPA is a type of bacteria that can cause severe infections in horses and people and is resistant to carbapenems and other antibiotics, making them challenging to treat.

## Where did my horse get this bacteria?

- Horses can acquire CRPA from the environment, such as a contaminated surface in the barn, or from a colonized or infected person or animal.
- Pseudomonas grows well in moist environments.
- *Pseudomonas* and CRPA can colonize people and horses without causing illness.
- CRPA infections in horses are rare and most often cause wound, uterine, or sinus infections.

## Can CRPA spread to my other horses and family?

- It is possible for CRPA to spread between people and animals, but the risk is believed to be low.
- Immunosuppressed family members should avoid contact with CRPA-infected horses during treatment.
- Everyone can reduce spread by washing hands.
- Anyone concerned about CRPA exposure or illness should consult their healthcare provider.



#### How can we treat my horse?

- There is **NO** benefit to screening healthy horses or treating horses that are colonized with CRPA but not showing clinical signs.
- If your horse is infected with CRPA, your veterinarian will determine the best antibiotic treatment.
- Follow your veterinarian's guidance exactly for antibiotic treatment and follow-up care.

### **General precautions**

- While your horse is being treated, minimize their contact with other animals and people.
- Keep any CRPA-infected wounds covered and wear gloves to change bandages.
- Sinks, soap containers, and buckets can become reservoirs and sources of reinfection; clean well and discarded any items suspected to be contaminated.
- Consult your veterinarian to choose disinfectants effective against *Pseudomonas* and follow manufacturer guidelines (e.g., dilution, storage, contact time).

#### Where can I find more information?

- Kansas State Veterinary Diagnostic Laboratory (785) 532-5650 <u>http://www.ksvdl.org/</u>
- MU Veterinary Medical Diagnostic Laboratory (573) 882-8367 <u>https://vmdl.missouri.edu/</u>
- CDC: Patient Information about *Pseudomonas* <a href="https://www.cdc.gov/hai/organisms/pseudomonas.html">https://www.cdc.gov/hai/organisms/pseudomonas.html</a>



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